



# MAD LIB

## ***Empowered Morning Reflections***

*Instructions:*

- 1. Fill in the blanks with the appropriate words.*
- 2. Choose the clothes, shoes, and perfume that match your outfit and feeling.*
- 3. Select one of the provided options to complete the sentence describing your reflection in the mirror.*

**SOULMED**

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This morning, I woke up feeling \_\_\_\_\_ (emotion). I wanted my outfit to match that feeling, so I carefully chose my \_\_\_\_\_ (clothing item), my \_\_\_\_\_ (clothing item), and my \_\_\_\_\_ (clothing item). To complete my look, I sprayed on some \_\_\_\_\_ (perfume scent) perfume.

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Stepping back, I saw a reflection radiating strength and beauty in the mirror.

I whispered to myself, "Mirror, mirror, on the wall, who's the fiercest of them all?"

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And the mirror replied:

1. "You are a queen,  
unstoppable and bold."

2. "Your presence shines  
brighter than gold."

3. "Your spirit is fierce,  
your heart is kind."

4. "In your presence, the  
magic you'll always  
find."

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I smiled, knowing that  
the power within me  
would guide my day.

Today, I choose to  
embrace my  
uniqueness, uplift  
others, and conquer any  
challenge that comes  
my way.

\*cue “Holy by Jamila  
Woods.”

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